

December 21, 1992

Greetings:

What follows are the Healthy People 2000 Objectives that pertain to youth. The Healthy People 2000 project is a governmental project to set up objectives related to health to be attained in the year AD 2000.

I have copied the objectives verbatim from the guide (single copies available free below). The purpose of uploading this is to 1) help increase awareness of these objectives; and 2) solicit information from people who are involved in projects or activities that address (knowingly or unknowingly) some of these objectives, that is, what are you doing out there?? It is my belief that there are a whole lot of great programs and activities being done that no one outside of the local area knows about. We need to smash the communication barriers that exist a) into and out of the health care field; b) between urban vs non-urban areas; c) between geographical areas; and d) between the socioeconomic levels.

The Chinese symbol for crisis consists of two parts: the first means danger, the second means opportunity. I see the current health care 'crisis' as an opportunity to make great inroads into the health care of the people of the U.S. rather than to continue feeding the illness care monster. To do this, people from all walks of life (not just the health care 'experts') are needed to pool their expertise.

If you (or someone you know) have a program or activity that is working in these areas, or even areas that seemed to be overlooked, please upload and share with the rest of us. Your idea may make a world of difference in an area you never considered!!

I would love to have the teachers out there present these to their students and get suggestions from them how to best attain them (after all, this is about them!!).

If I can get enough information I'll make copies of this available to the health professionals at the Prevention '93 conference in April '93.

For single copies of *Healthy Youth 2000*, contact Betsy J. Davis, American Medical Association, Department of Adolescent Health, 515 N. State Street, Chicago, IL 60610; 312/464-5471

Unless otherwise indicated, publications may be ordered from ODPHP national Health Information Center, PO Box 1133; 800/336-4797, 301/565-4167. A fee may be charged for shipping and handling.

- **Healthy People 2000: National Health Promotion and Disease Prevention Objectives**

Two versions can be purchased: the full report lists all of the objectives as well as extensive background information on the health initiative and on each individual objective; and the summary report features a list of the objectives. Order from: Government Printing Office, Washington, DC 20402-9325; 202/783-3238

Full report	#017-001-00474-0	\$31.00
Summary report	#017-001-00473-1	\$9.00

- **Healthy People 2000 Resource Lists**

Developed to provide health professionals and others with sources of information related to each priority area in *Healthy People 2000*. Each list provides a brief overview of the problem and a summary of the objectives from *Healthy People 2000*. Following the overview are lists of federal, private, state and local resources that can provide more information on each priority area.

- **Healthy Communities 2000: Model Standards**

This is a guidebook for successfully achieving the objectives in Healthy People 2000. It is a practical tool for community health professionals and leaders to plan programs to prevent illness, injury, and premature death. (3rd edition, available 1991). Order from: American Public Health Association, 1015 15th Street NW, Washington, DC 20005, Attention: Publication Sales; 202/789-5636. Cost \$17.50 members, \$25 nonmembers. Shipping and handling is \$2 domestic, \$5 foreign

- **Healthy People 2000: Citizens Chart the Course**

This book recounts the experience that health promotion and disease prevention professionals have had with the 1990 health objectives at the national, state, and local levels and presents their views about what is desirable in health promotion and disease prevention in the next decade. Order from: National Academy Press, 2001 Connecticut Avenue NW, Washington, DC 20418; 800/624-6242 or 202/334-3313. Cost is \$24 plus \$2 shipping and handling.

- **Healthy People: The Surgeon General's Report on Health Promotion and Disease Prevention** (1979)
- **Promoting Health Preventing Disease: Objectives for the Nation** (1984)
- **The 1990 Health Objectives for the Nation: A Mid-course Review** (1986)
- **Prevention '89/'90: Federal Programs and Progress** (1990) ('84/'85 and '86/'87 editions also available)
- **Mass Media and Health: Opportunities for Improving the Nation's Health**
- **Health Information Resources in the Federal Government, Fifth Edition**
- **The Surgeon General's Report on Nutrition and Health** (1988) (Both full report and summary and recommendations available)
- **Dietary Guidelines for Americans**
- **Selected Federal Health Information Clearinghouse and Information Centers** (1990) Describes Government resources that provide health information to consumers and health professionals
- **National Health Observances** (publishes annually in September) Lists the months, weeks and days devoted to the promotion of particular health issues
- **Toll-Free Numbers for Health Information** (published annually in January) Lists toll-free numbers for health information, describes their services, and gives hours of operation